



# **SUBJECT DATASHEET**

## **ERGONOMICS**

### **BMEGT52AT20**

# I. SUBJECT DESCRIPTION

## 1. SUBJECT DATA

### Subject name

ERGONOMICS

### ID (subject code)

BMEGT52AT20

### Type of subject

contact lessons

### Course types and lessons

<i>Type</i>	<i>Lessons</i>
Lecture	2
Practice	1
Laboratory	0

### Type of assessment

exam

### Number of credits

2

### Subject Coordinator

<i>Name</i>	<i>Position</i>	<i>Contact details</i>
Dr. Hercegfi Károly	associate professor	hercegfi.karoly@gtk.bme.hu

### Educational organisational unit for the subject

Department of Ergonomics and Psychology

### Subject website

<https://edu.gtk.bme.hu>

### Language of the subject

magyar, angol – HU, EN

### Curricular role of the subject, recommended number of terms

#### Direct prerequisites

*Strong* None

*Weak* None

*Parallel* None

*Exclusion* BMEGT52A021 Ergonómia, BMEGT52A410 Ergonómia

### Validity of the Subject Description

Pre-2017, next review September 2021.

## 2. OBJECTIVES AND LEARNING OUTCOMES

### Objectives

The basic objective of the subject is to acquire the approach of Human Factors and Ergonomics (HFE). Participants become sensitive to the role of requirements from a wide variety of user characteristics during different development processes.

### Academic results

#### Knowledge

1. They have comprehensive knowledge of the most important concepts and connections used in Human Factors and Ergonomics (HFE).
2. They know the methods of user-centred product design, aspects of user group and user characteristics identification.
3. They know the principles of HFE related to the physical and social environment.
4. They know a palette of methods used in ergonomic analysis and design (eg., digital modeling of the human body, computer-aided anthropometric design, testing and evaluation of the ergonomic quality of the user interface, risk analysis and evaluation of industrial workplaces).

#### Skills

1. They identify special professional problems with a multifaceted, interdisciplinary approach, explores and formulates the detailed theoretical and practical background necessary for their solution. Able to understand the relationships between technical and human disciplines.
2. They are able to recognize and identify the role and significance of the human factor in a wide variety of technical topics in the workplace. They identify professional problems with a user-centered approach, explores and formulates the theoretical and practical background needed to solve them.
3. They apply the theories of ergonomics and related terminology in a creative way when solving problems.
4. They are characterized by good professional communication skills: he can formulate his user-centered position, the revealed ergonomic problems and his / her suggestions for them accurately but clearly

#### Attitude

1. They are characterized by sensitivity to human needs. They are characterized by a user-centric thinking and approach.
2. They are characterized by continuous learning skills, broad and thorough education, interdisciplinary interest.
3. They are characterized by a system-level thinking and approach.
4. They are characterized by a strong critical and self-critical sense.

#### Independence and responsibility

1. To solve various professional problems, they apply user-centric methods and techniques independently or on the basis of professional guidance.
2. They are open to independently monitor technical, technological, economic, legal and human developments in his / her field.
3. In order to achieve the goal, they mobilize their theoretical and practical knowledge and skills in an autonomous way, if necessary in cooperation with other members of an interdisciplinary team.

### Teaching methodology

#### Materials supporting learning

- Hercegi K., Izsó L. (szerk.) (2007): Ergonómia. Typotex Kiadó, Budapest. <https://www.interkonyv.hu/konyvek/?isbn=978-963-2790-95-4>
- Antalovits M., Hercegi K. (2018): Ergonómia és felhasználói élmény. In: Klein S. (szerk.): Munkapszichológia a 21. században, 719-760. oldal. Edge 2000 Kiadó, Budapest.
- Becker Gy., Kaucsek Gy. (1996): Termékergonómia és termékpszichológia. Tölgyfa Kiadó, Budapest.
- Sanders, M.S., McCormick, E.J. (1993): Human Factors in Engineering and Design. McGraw-Hill, London (7th ed.).

# II. SUBJECT REQUIREMENTS

## TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

### General Rules

The assessment of the learning outcomes set out in point 2.2 is based on an individual or teamwork-based complex (multi-part) assignment and an oral exam.

### Performance assessment methods

Detailed description of assessments performed during the semester: a complex (multi-part) assignment. Assessment in exam period: Oral performance evaluation (oral exam); oral examination on the basis of the list of lectures.

### Percentage of performance assessments, conducted during the study period, within the rating

- Assignment: 50%
- sum: 50%

### Percentage of exam elements within the rating

- oral exam: 50%
- calculating the mid-semester results: 50%
- sum: 100%

### Conditions for obtaining a signature, validity of the signature

The requirement for obtaining the signature is that the students have to achieve at least 40% of the points obtainable in both mid-semester exams declared in 3.3. Participating in at least the 60% of the exercises is mandatory. The obtained signature is valid for the period according to the general rules of the university.

### Issuing grades

Excellent	> 90
Very good	80–89
Good	70–79
Satisfactory	60–69
Pass	40–59
Fail	< 40

### Retake and late completion

The assignment can be replenished until the end of the supplementary week, deducting their score by 5% weekly (max. 20%). The oral exams can be amended according to the general rules of the university.

### Coursework required for the completion of the subject

2 14  
2 5  
54  
28  
120

### Approval and validity of subject requirements

Pre-2017, next review September 2021.

# III. COURSE CURRICULUM

## THEMATIC UNITS AND FURTHER DETAILS

### Topics covered during the term

To achieve the learning outcomes specified in section, 2.2, the subject consists of the following thematic blocks. The syllabus of the specific course announced in each semester shall schedule these elements of topics according to the calendar and other circumstances.

- 1 Topics of the lectures
- 2 Basic concepts and main optimization objectives of Human Factors and Ergonomics (HFE). Man-Machine Systems. User interface. The main stages of the formation / development of HFE.
- 3 Basic requirements for ergonomic (human-centred) design. Basic approaches to product ergonomics.
- 4 Human characteristics to be considered in design 1:
- 5 Human body dimensions and ranges of movement. Static and dynamic anthropometry. Asserting anthropometric considerations in ergonomic analysis and design. Digital modelling of the human body. Computer Aided Anthropometric Design.
- 6 Human characteristics to be considered during design 2:
- 7 Special issues of standing and sitting posture. Ergonomic requirements for the design of seated (screen-using) workplaces.
- 8 Ergonomic principles related to the physical environment:
- 9 Physiological effects of physical environmental factors (lighting, noise, vibrations, climate, air quality) on humans and the resulting design guidelines, norms and standards.
- 10 Human characteristics to be considered in design 3:
- 11 Human sensation. General characteristics of sensation. Design guidelines derived from the basics of vision, contrast enhancement, motion enhancement, and colour sensation.
- 12 Human characteristics to be considered in design 4:
- 13 Design requirements derived from the psychological basis of human cognition: general aspects of designing choices for novice and experienced users; ergonomic aspects of the choice of signs and symbols; adapting technological / economic environment to users of various cognitive styles.
- 14 Design for All. Design for special segments of users. Principles and requirements. Methods and practical solutions. Design of the physical environment (including offices, classrooms, and their wider environment) and vehicles for special segments of users. Accessibility.
- 15 Principles and methods of ergonomic design of industrial workplaces. Risk analysis and assessment of industrial workplaces.
- 16 Office ergonomics. Small and large offices. Applying ergonomic aspects of the social environment: influencing social relationships and communication by setting up work environments.
- 17 Introduction to software ergonomics. General guidelines for user interface design. Mental work. Usability evaluation.
- 18 Topics of the exercises
- 19 User Profile. Anthropometric fit of machine and human sizes.
- 20 Quality of office chairs and how to adjust them.
- 21 Office ergonomics.
- 22 Risk assessment.

### Additional lecturers

Babicsné Horváth Mária	tanársegéd (assistant lecturer)	<a href="mailto:babicsne.horvath.maria@gtk.bme.hu">babicsne.horvath.maria@gtk.bme.hu</a>
Pataki-Bittó Fruzsina	tanársegéd (assistant lecturer)	<a href="mailto:pataki.bitto.fruzsina@gtk.bme.hu">pataki.bitto.fruzsina@gtk.bme.hu</a>
Pulay Márk	tanársegéd (assistant lecturer)	<a href="mailto:pulay.mark@gtk.bme.hu">pulay.mark@gtk.bme.hu</a>
Boros Dávid Pál	Ph.D.hallgató (PhD student)	<a href="mailto:boros.david@gtk.bme.hu">boros.david@gtk.bme.hu</a>

### Approval and validity of subject requirements

Beyond Part I and II of the Subject Datasheet, Part III is approved by the head of the Department of Ergonomics and Psychology indicated in section 1.8 in consultation with the director(s) of the programme(s) concerned.