



SUBJECT DATASHEET

SOCIAL SKILLS DEVELOPMENT TRAINING

BMEGT52A013

I. SUBJECT DESCRIPTION

1. SUBJECT DATA

Subject name

SOCIAL SKILLS DEVELOPMENT TRAINING

ID (subject code)

BMEGT52A013

Type of subject

contact lessons

Course types and lessons

<i>Type</i>	<i>Lessons</i>
Lecture	2
Practice	0
Laboratory	0

Type of

assessment

mid-term
grade

Number of credits

2

Subject Coordinator

<i>Name</i>	<i>Position</i>	<i>Contact details</i>
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Dr. Séllei Beatrix	assistant professor	sellei.beatrix@gtk.bme.hu
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Educational organisational unit for the subject

Department of Ergonomics and Psychology

Subject website

<https://edu.gtk.bme.hu>

Language of the subject

magyar - HU

Curricular role of the subject, recommended number of terms

Programme: **Elective subjects**

Subject Role: **Elective**

Recommended semester: **0**

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Recommended semester: **0**

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Subject Role: **Elective**

Recommended semester: **0**

Direct prerequisites

Strong None

Weak None

Parallel None

Exclusion None

Validity of the Subject Description

Approved by the Faculty Education Committee of Faculty of Economic and Social Sciences (Valid from: 06.09.2021.)

2. OBJECTIVES AND LEARNING OUTCOMES

Objectives

The objective of the course is to provide students opportunity to develop their self-knowledge, social and emotional skills with the help of practice so they will be more open and sensitive for others. The course help to develop effective communication, assertiveness, conflict management and cooperation in the students' private and work life. The course develops team-work skills.

Academic results

Knowledge

1. They know the schemes of communications.
2. They know the most important conflict management opportunities.
3. They get knowledge about themselves.

Skills

1. They are able to recognize the basic psychological relationships and paradigms.
2. They are able to use their psychological knowledge to make their life worth living.
3. They are able to use their self-knowledge in their individual and work life.

Attitude

1. They collaborate with the instructor and fellow students in expanding knowledge.
2. They develop themselves consistently regarding the instructions.
3. They try to integrate their psychological knowledge in their everyday life.
4. They are open to psychological knowledge.

Independence and responsibility

1. They organize their own learning process in the future to develop their emotional and social skills.
2. They are open for new knowledge and for others' opinion.
3. As part of a team they can cooperate with each other to solve tasks and they can recognize when they need help.

Teaching methodology

Self-experience tasks, tests, self-reflective tasks, group tasks.

Materials supporting learning



II. SUBJECT REQUIREMENTS

TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

General Rules

A 2.2. pontban megfogalmazott tanulási eredmények értékelése a kontaktalkalmakon való részvétellel és beadandó dolgozattal történik.

Performance assessment methods

Szorgalmi időszakban végzett teljesítményértékelések részletes leírása: 1. Részvétel a kontaktalkalmakon: a kurzus 2 napra van tömbösítve (8-17 óra), amelyeken a részvétel a teljes időtartamban szükséges 2. Beadandó dolgozat megírása: a tréninget követő 2. hét végéig egy önreflektív dolgozat leadása.

Percentage of performance assessments, conducted during the study period, within the rating

- beadandó dolgozat: 40%
- részvétel a kontaktórákon: 60%
- összesen: 100%

Percentage of exam elements within the rating

Conditions for obtaining a signature, validity of the signature

Issuing grades

Excellent	
Very good	85–100
Good	71–84
Satisfactory	55–70
Pass	41–54
Fail	< 40

Retake and late completion

1) A beadandó dolgozat a pótlási hét végéig pótolható, külön kérés esetén. 2) A részvétel elmulasztása nem pótol

Coursework required for the completion of the subject

2 14
32
60

Approval and validity of subject requirements

Pre-2017, next review September 2021.

III. COURSE CURRICULUM

THEMATIC UNITS AND FURTHER DETAILS

Topics covered during the term

A 2.2. pontban megfogalmazott tanulási eredmények eléréséhez a tantárgy a következő tematikai blokkokból áll. Az egyes félévekben meghirdetett kurzusok sillabuszaiban e témaelemeket ütemezzük a naptári és egyéb adottságok szerint.

- 1 ömlesztett
- 2 Kommunikáció
- 3 Konfliktuskezelés, asszertivitás
- 4 Csapatépítés, teammunka

Additional lecturers

Dr. Bodnár Gabriella bodnar.gabriella@gtk.bme.hu

Approval and validity of subject requirements