



TANTÁRGYI ADATLAP SUBJECT DATASHEET

SOCIAL SKILLS DEVELOPMENT TRAINING

BMEGT52A013

I. COURSE DESCRIPTION

1. SUBJECT DATA

Course name

SOCIAL SKILLS DEVELOPMENT TRAINING

Course code

BMEGT52A013

Course type contact lessons

Kurzustípusok és óraszámok

<u>Type</u>	<u>Lessons</u>	<u>Type of assessment</u>	<u>Number of credits</u>
Lecture	2	mid-term	
Practice	0	grade	
Laboratory	0		

Course leader

Name Position Email address

Dr. Séllei Beatrix assistant professor sellei.beatrix@gtk.bme.hu

Organizational unit for the subject

Department of Ergonomics and Psychology

Subject website

<https://edu.gtk.bme.hu>

Language of teaching

magyar - HU

Curriculum role of the subject, recommended semester

Programme: **Szabadon választható tárgyak**

Subject Role: **Szabadon választható**

Recommended semester: **0**

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Recommended semester: **0**

Programme: **Szabadon választható tárgyak**

Subject Role: **Szabadon választható**

Recommended semester: **0**

Pre-requisites

strong Nincs

weak Nincs

paralell Nincs

exclusive Nincs

1.13 A tantárgyleírás érvényessége / Validity of the Subject Description

Approved by the Faculty Education Committee of Faculty of Economic and Social Sciences (Valid from: 06.09.2021.)

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2. OBJECTIVES AND LEARNING OUTCOMES

Objectives

The objective of the course is to provide students opportunity to develop their self-knowledge, social and emotional skills with the help of practice so they will be more open and sensitive for others. The course help to develop effective communication, assertiveness, conflict management and cooperation in the students' private and work life. The course develops team-work skills.

Learning outcomes

Knowledge

1. They know the schemes of communications.
2. They know the most important conflict management opportunities.
3. They get knowledge about themselves.

Ability

1. They are able to recognize the basic psychological relationships and paradigms.
2. They are able to use their psychological knowledge to make their life worth living.
3. They are able to use their self-knowledge in their individual and work life.

Attitude

1. They collaborate with the instructor and fellow students in expanding knowledge.
2. They develop themselves consistently regarding the instructions.
3. They try to integrate their psychological knowledge in their everyday life.
4. They are open to psychological knowledge.

Autonomy and responsibility

1. They organize their own learning process in the future to develop their emotional and social skills.
2. They are open for new knowledge and for others' opinion.
3. As part of a team they can cooperate with each other to solve tasks and they can recognize when they need help.

Methodology of teaching

Self-experience tasks, tests, self-reflective tasks, group tasks.

Materials supporting learning



II. SUBJECT REQUIREMENTS

TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

General Rules

A 2.2. pontban megfogalmazott tanulási eredmények értékelése a kontaktalkalmakon való részvétellel és beadandó dolgozattal történik.

Performance evaluation methods

Szorgalmi időszakban végzett teljesítményértékelések részletes leírása: 1. Részvétel a kontaktalkalmakon: a kurzus 2 napra van tömbösítve (8-17 óra), amelyeken a részvétel a teljes időtartamban szükséges 2. Beadandó dolgozat megírása: a tréninget követő 2. hét végéig egy önreflektív dolgozat leadása.

Proportion of performance evaluations performed during the diligence period in the rating

- beadandó dolgozat: 40%
- részvétel a kontaktórákon: 60%
- összesen: 100%

Proportion of examination elements in the rating

- :

The condition for obtaining the signature, validity of the signature

Grading

Excellent	
Very good	85–100
Good	71–84
Satisfactory	55–70
Pass	41–54
Fail	< 40

Correction and retake

1) A beadandó dolgozat a pótlási hét végéig pótolható, külön kérés esetén. 2) A részvétel elmulasztása nem pótol

Study work required to complete the course

2 14
32
60

Approval and validity of subject requirements

Pre-2017, next review September 2021.

III. COURSE CURRICULUM

THEMATIC UNITS AND FURTHER DETAILS

Topics discussed during the semester

A 2.2. pontban megfogalmazott tanulási eredmények eléréséhez a tantárgy a következő tematikai blokkokból áll. Az egyes félévekben meghirdetett kurzusok sillabuszaiban e témaelemeket ütemezzük a naptári és egyéb adottságok szerint.

- 1 ömlesztett
- 2 Kommunikáció
- 3 Konfliktuskezelés, asszertivitás
- 4 Csapatépítés, teammunka

Lecturers participating in teaching

Dr. Bodnár Gabriella bodnar.gabriella@gtk.bme.hu

Approval and validity of subject requirements