SUBJECT DATASHEET

Communication Skills

BMEGT43BX4K000-00

I. SUBJECT DESCRIPTION

1. SUBJECT DATA

Subject name
Communication Skills

ID (subject code)	BMEGT43BX4K000-00

Type of subject
class

Course types and lessons

Type	*Lessons*
Lecture	0
Practice	2
Laboratory	0

Type of assessment
exam

Number of credits
3

Subject Coordinator

Name	*Position*	*Contact details*
Dr. Blaskó Ágnes	assistant professor	blasko.agnes@gtk.bme.hu

Educational organisational unit for the subject
Department of Sociology and Communication

Subject website
https://edu.gtk.bme.hu

Language of the subject
magyar - HU

Curricular role of the subject, recommended number of terms

Direct prerequisites

Strong	None
Weak	None
Parallel	None
Exclusion	None

Validity of the Subject Description
Approved by the Faculty Board of Faculty of Economic and Social Sciences, Decree No: 580501/3/2025 registration number. Valid from: 2025.07.10.

2. OBJECTIVES AND LEARNING OUTCOMES

Objectives

When you speak up, you make space for yourself — and you also shape the conversation, reframe it, or set it on a new path. This happens whether you speak quietly and unsure, or loudly and confidently. And even when you stay silent, you're still part of what's happening. In this class, we'll learn how to be truly present in small group and one-on-one conversations. The goal of the course is to help you explore how interpersonal communication really works — through hands-on experience and reflection. We'll look at how what we say (and how we say it) affects each other and the situation we're in. The aim is to become more aware and responsible communicators — not just for ourselves, but for the people we're speaking with and the context we're all part of.

Academic results

Knowledge

1. Through practice-based learning, students will become more aware of the impact of different communication behaviors, and they'll learn to reflect on their own style — recognizing both their strengths and the skills they may want to develop. This course encourages a mindset that supports reactive but also responsible and transparent interpersonal communication. Rather than focusing on "content" or handing over ready-made communication techniques, the course emphasizes process. It's less about learning fixed tools and more about adopting a way of thinking — one that helps you stay present, respond thoughtfully, and take ownership of how you show up in communication.

Skills

1. striving to operate democratically
2. sociality - Viewing humans as socio-social beings, understanding the individual as embedded in a social system.
3. principle of equality - Everyone has an equal voice: all group members and all social/institutional/etc. actors involved. The opinions/values/thoughts of the leader are equally voiced with the others.
4. the process of constructing meaning - understanding is generated in a process of interpretation - constructing meaning
5. critical perspective - Reconstructing the familiar worldview/narrative in the light of understandings from different new perspectives
6. change - The new narrative that emerges in understanding is change in itself, but the process can also lead to the development of a real action plan.

Attitude

1. Self-reflection of one's own abilities
2. Independence
3. Critical perspective

Independence and responsibility

1. Adoption and enforcement of professional standards

Teaching methodology

Own experience and reflection. The current course leader manages the personal experience in a way that depends on his / her qualifications. The difficulty of the method is that after experiential learning, the results are processed on a cognitive level, thus speeding up the integration phase and directing it into a single modality, while adapting to the traditional higher education learning picture.

Materials supporting learning

- A tantárgy elvégzéshez szükséges oktatási anyagok, szakirodalom a kurzus moodle-oldaláról érhető el a hallgatóknak (edu.gtk.bme.hu) – Books, notes, downloadable materials (edu.gtk.bme.hu)
- Tanulási napló: a hallgatók önnön fejlődésüket folyamatosan készített tanulási napló segítségével követik.
- Learning diary: students follow their own progress with the help of a learning diary.

II. SUBJECT REQUIREMENTS

TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

General Rules

Learning diary (homework): the course aims at the continuous integration of knowledge and competence elements appearing in attending
classes. The written learning diary is to analyze the lesson material in the form of homework according to the criteria set by the instructor. The given aspects help to analyze individual group roles, social dynamics and their social relevance. The learning diary consists of 1-1 page of questions to be explained. Class work - active participation: prepared appearance and active participation in classes taking responsibility for the self-learning process Assignment – in team work students create a product (video, board game etc.) and present it to the class. Self-assessment: the aim of the course is to enable students to evaluate their own development independently and realistically.

Performance assessment methods

Detailed description of the performance evaluations carried out during the term: Criteria and parts of evaluation: classroom activity, learning diary, self-assessment.

Percentage of performance assessments, conducted during the study period, within the rating

- **in-class activity**: 10
- **team work**: 15
- **presentation**: 10
- **partial performance assessment**: 15
- **total**: 50

Percentage of exam elements within the rating

- **exam**: 50

Conditions for obtaining a signature, validity of the signature

Órák rendszeres látogatása. A tantárgy gyakorlatorientált jellege és a készségfejlesztésre épülő tematikája miatt az órák legalább 70%-án való részvétel kötelező. Érdemjegy kizárólag abban az esetben szerezhető, ha a hallgató a félév során kiadott feladatok legalább 50%-át teljesíti.

Issuing grades

Excellent	91
Very good	85–90
Good	72,5–84
Satisfactory	60–72,4
Pass	50–59
Fail	< 50

Retake and late completion

Retakes and make-ups are regulated by the University's Code on Education and Examination. Class attendance is mandatory according to Code of Education and Examination regulations. The focus of the subject is on continuous work, and the replacement (late submission)
of individual elements is only possible if it does not hinder continuous development.

Coursework required for the completion of the subject

classes	30
prep. for classes	20
prep. for assessmnets	20
reading	20
total	90

Approval and validity of subject requirements

Consulted with the Faculty Student Representative Committee, approved by the Vice Dean for Education, valid from: 07.07.2024.

III. COURSE CURRICULUM

THEMATIC UNITS AND FURTHER DETAILS

Topics covered during the term

1. How do I communicate? Communication self-awareness: exploring and developing personal communication attitudes and skills; 2. What
values and commitments do we communicate based on? Critical thinking: recognising and becoming aware of own and others' commitments;
3. How can we express our values, thoughts and intentions? Culture of debate, advocacy; 4. How can we create a cooperative situation? Cooperation in communication, cooperative communication, moderation; 5. How do we recognise and relate to authority situations? 6. How can we act as responsible actors in situations that are recognised as problems, regardless of our involvement? Action skills

Additional lecturers

Dr. Rajkó Andrea assistant professor rajko.andrea@gtk.bme.hu

Approval and validity of subject requirements