

SUBJECT DATASHEET

Career knowledge and career guidance methodology I.

BMEGT51STK5042-00

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I. SUBJECT DESCRIPTION

1. SUBJECT DATA

Subject name

Career knowledge and career guidance methodology I.

ID (subject code) BMEGT51STK5042-00

Type of subject

contact hour

Course types and lessons		Type of
Type	Lessons	assessment
Lecture	0	term grade
Practice	8	Number of credits
Laboratory	0	5

Subject Coordinator

Name Position Contact details

Dr. Kanczné dr. Nagy Katalin assistant professor kanczne.nagy.katalin @gtk.bme.hu

Educational organisational unit for the subject

Department of Technical Education

Subject website

https://www.mpt.bme.hu/

Language of the subject

magyar - HU

Curricular role of the subject, recommended number of terms

Direct prerequisites

Strong NoneWeak NoneParallel NoneExclusion None

Validity of the Subject Description

Approved by the Faculty Board of Faculty of Economic and Social Sciences, Decree No: 580466/11/2025registration number. Valid from: 2025.06.25.

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2. OBJECTIVES AND LEARNING OUTCOMES

Objectives

The aim of the course is to present the most basic educational and labor market principles, rules, relationships, and procedures necessary for mentoring work from the perspective of public education and vocational training. Its main topics are the conceptual system and defining directions of the mentoring process, the monitoring and evaluation of pedagogical work, and the principles of teacher qualification. The possibilities and difficulties of cooperation within the teaching staff are discussed in the practical sessions.

Academic results

Knowledge

- 1. Knows the most basic educational and labor market principles, rules, connections, and procedures necessary for mentoring work from the perspective of public education.
- 2. Is aware of the conceptual system of the mentoring process and its defining directions.
- 3. Is familiar with the specifics of public education institutions (kindergarten, elementary school, high school, vocational training institutions, dormitories, art schools, specialized services, professional service providers), and the regulations that determine their operation.

Skills

- 1. Able to identify routine professional problems, to explore, formulate and solve them (through the practical application of standard operations) the theoretical and practical background necessary for their solution.
- 2. Able to plan and implement the short- and long-term strategy of a given institution.
- 3. Able to monitor and evaluate pedagogical work by taking into account the principles of teacher qualification.

Attitude

- 1. He/She assumes the social role of his/her profession and its fundamental relationship to the world.
- 2. He/She is open to learning about, accepting, and authentically conveying professional and technological developments and innovations in his/her field of specialization that are of importance to public education.
- 3. He/She strives to make self-education a means of achieving his/her professional and pedagogical goals.

Independence and responsibility

1. -

Teaching methodology

Consultations and presentations, use of IT tools and techniques, independently prepared tasks.

Materials supporting learning

- Mark L. Savickas (2019). Kézikönyv az élettervezési tanácsadáshoz. FETA Könyvek 13 Felsőoktatási Tanácsadás Egyesület Budapesthttps://feta.hu/sites/default/files/FETA%20K%C3%B6nyvek%2013_online.pdf
- Pályaorientációs Mérő- és Támogatóeszköz (POM) https://www.oktatas.hu/kozneveles/palyaorientacio/mero_tamogatoeszkoz_POM
- Pályatervezési kalauz 2023-2023. (2023) Fővárosi Pedagógiai Szakszolgálat. https://view.publitas.com/fpsz-palyavalasztas/palyatervezesi-kalauz-2023-24/page/1
- Pályaorientációs portál Módszertani központ. Nemzeti Szakképzési és Felnőttképzési Hivatal. https://palyaorientacio.nive.hu/
- Pályaorientáció Magyarországon szakembereknek. Tempus Közalapítvány. https://tka.hu/nemzetkozi/9911/palyaorientacio-magyarorszagon--szakembereknek
- Euroguidance pályatanácsadói díj 2024 Magyarországi jó gyakorlatok (2024). Kiadja: Nemzeti Szakképzési és Felnőttképzési Hivatal Euroguidance Magyarország
 - https://euroguidance.nive.hu/wp-content/uploads/2025/01/Palyatanacsadoi Dij 2024 interaktiv.pdf
- Szakma világ. Válassz jól és a világ is megváltozik. https://szakmavilag.hu/
- Pályaválasztást segítő oldalak.
 https://www.oktatas.hu/pub_bin/dload/kozoktatas/uj_kozneveles/2021_2/UKN_2102_32_Palyavalasztast_segito_oldalak.pdf

II. SUBJECT REQUIREMENTS

TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

General Rules

The learning outcomes stated in point 2.2 are assessed based on the results of the research materials prepared during the semester. This may be modified by active participation in classes.

Performance assessment methods

A. A detailed description of the performance assessments carried out during the academic term: 1. Preparation of a career guidance lesson plan for a free choice of year group. Evaluation criteria: indication of the link with the curriculum, coherence between the course and the objectives/tasks, adequate developmental requirements, coherence between content and the types of activities entered, practical feasibility. Length: 3-5 A4 pages, Times New Roman font, 12 point font size, 1,5 point margins 2. active participation in lessons: attending all lessons, sharing own experience in lessons, completing lesson tasks. B. Assessment of performance during the examination period (examination): no examination

Percentage of performance assessments, conducted during the study period, within the rating

- Pálvaorientációs óraterv összeállítása.: 50
- Órákon való aktív részvétel: 50

Percentage of exam elements within the rating

Conditions for obtaining a signature, validity of the signature

In case of at least 50% completion of the partial achievements.

Issuing grades

Excellent	90
Very good	87
Good	75
Satisfactory	62
Pass	50
Fail	49

Retake and late completion

Homework can be made up in accordance with the provisions of the current Study and Examination Regulations, subject to payment of the

fees prescribed in the Reimbursement and Benefits Regulations.

Coursework required for the completion of the subject

Az órákon való részvétel 8 Beadandó feladat elkészítése 100 Egyéb felkészülés 42

Approval and validity of subject requirements

Consulted with the Faculty Student Representative Committee, approved by the Vice Dean for Education, valid from: 02.06.2025.

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III. COURSE CURRICULUM

THEMATIC UNITS AND FURTHER DETAILS

Topics covered during the term

To achieve the learning outcomes stated in point 2.2., the subject consists of the following thematic blocks. Their length is usually 2X4 hours. Their ratio may vary during each semester.

- 1 Self-reflection: creating a career map, analyzing your own career paths (https://creately.com/diagram/example/nSPuvXNLSsd/career-genogram)
- 2 Filling out and discussing a questionnaire based on the Dutch model
- 3 Digital career recommendation (https://digitalisszakmaajanlo.ikk.hu/)
- 4 Factors influencing career choice (personality and gender, interests, abilities, values, expected labor market situation prestige, location, salary, availability of training, human relations, cultural background, career knowledge and career orientation, etc.)
- 5 Identifying your own career choice based on the theories of Ginzberg, Super and Gottfredson
- 6 Veritasium learned helplessness poor self-regulation/self-efficacy (https://www.youtube.com/watch?v=YMPzDiraNnA)

Additional lecturers

Dr. Bükki Eszter egyetemi adjunktus bukki.eszter@gtk.bme.hu Dr. Saule Anafinova egyetemi adjunktus saule.anafinova@gtk.bme.hu

Approval and validity of subject requirements

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