



SUBJECT DATASHEET

Social Exploration in Action

BMEGT43Z001

I. SUBJECT DESCRIPTION

1. SUBJECT DATA

Subject name

Social Exploration in Action

ID (subject code)

BMEGT43Z001

Type of subject

class

Course types and lessons

<i>Type</i>	<i>Lessons</i>
Lecture	0
Practice	2
Laboratory	0

Type of assessment

term mark

Number of credits

2

Subject Coordinator

<i>Name</i>	<i>Position</i>	<i>Contact details</i>
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Dr. Gács Anna	associate professor	gacs.anna@gtk.bme.hu
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Educational organisational unit for the subject

Department of Sociology and Communication

Subject website

<https://edu.gtk.bme.hu>

Language of the subject

English - EN

Curricular role of the subject, recommended number of terms

Programme: **Communication and media studies Bachelor's Programme from 2021/22/Term 1**

Subject Role: **Elective**

Recommended semester: **0**

Programme: **MA in Communication and Media Studies**

Subject Role: **Elective**

Recommended semester: **0**

Direct prerequisites

Strong None

Weak None

Parallel None

Exclusion None

Validity of the Subject Description

Approved by the Faculty Board of Faculty of Economic and Social Sciences, Decree No: 580466/11/2025registration number. Valid from: 2025.06.25.

2. OBJECTIVES AND LEARNING OUTCOMES

Objectives

By the end of the course, students will: ● understand some social and personal dimensions of creative products; ● understand how action methods can expand and deepen their exploration of a theme; ● learn how examining different dimensions of creative products can lead to a more nuanced interpretation of a problem; ● be equipped to use specific action methods, such as the so-called “social atom” and “doubling”.

Academic results

Knowledge

1. Reliable and sound knowledge of the connections between the disciplinary fields of social science.
2. Solid knowledge of the most important social science conceptualizations needed to study the communication phenomena
3. Basic knowledge of social institutions (law, language, religion, etc.)

Skills

1. Teams and project management skills
2. Openness to acquire new sectors of knowledge and ability to effectively acquire them
3. Ability to participate in argumentative and rational debate

Attitude

1. Acceptance of one's own cultural traditions.
2. Social sensitivity, solidarity
3. Adoption of democratic and rule of law standards

Independence and responsibility

1. Critical self-reflections and eagerness to learn.
2. Independence
3. Constructiveness and assertiveness in the context of institutional operation

Teaching methodology

Reading on sociodrama, practice

Materials supporting learning

- Barna, E., Blaskó, Á., & Horváth, M. (2024). Managed Hearts: Emotional Labor and Structural Change in the Work of Young Female Music Managers in Hungary. *Popular Music and Society*, 1-21.
- Blaskó, Á. (2024). Action research with sociodrama in a healthcare institution. *Action Research*, 14767503241258875.
- Blaskó, Á., Durst, M., Fóti, O., Galgóczi, Horváth, K., Kocsi, A., Pados, E., (2024) The Process of Sociodrama. *Pszichodráma. A Magyar Pszichodráma Egyesület folyóirata*. (1215-2722): Special Issue pp 1-66 Paper ISSN 12152722. (2024)
- Lennie, S. J., Sutton, A., & Crozier, S. (2021). Psychodrama and emotional labour in the police: A mutually beneficial methodology for researchers and participants. *Methods in Psychology*, 5, 100066.
- Moreno, J. L. (1943) Sociometry and the Cultural Order. *Sociometry*, Vol.6, No. 3, pp. 299. excerpt.

II. SUBJECT REQUIREMENTS

TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

General Rules

Mandatory participation, no more than 3 missed classes

Performance assessment methods

Assessment of classwork, practical skills and written work

Percentage of performance assessments, conducted during the study period, within the rating

- **aktivitás:** 10
- **leading action:** 30
- **papers and worksheet:** 60
- **SUM:** 100

Percentage of exam elements within the rating

Conditions for obtaining a signature, validity of the signature

Participation

Issuing grades

Excellent	97
Very good	90-96
Good	80-89
Satisfactory	70-79
Pass	60-69
Fail	0-59

Retake and late completion

Retake and make-up test options are defined by the valid regulations of the University's Code on Education and Examination

Coursework required for the completion of the subject

classwork	26
leading workshop	2
written work	32
sum	60

Approval and validity of subject requirements

Consulted with the Faculty Student Representative Committee, approved by the Vice Dean for Education, valid from: 02.06.2024.

III. COURSE CURRICULUM

THEMATIC UNITS AND FURTHER DETAILS

Topics covered during the term

This course introduces students to the exploration of social, group, and personal dimensions of various creative products through action methods. It provides a new tool for broadening and deepening their understanding of such phenomena.

- 1 Introduction to Action Methods with Self-Experience I. – Creativity, Improvisation, and Understanding the Other's Perspective
- 2 Introduction to Action Methods with Self-Experience II. – Understanding a Shared Issue of the Group through Sociodrama
- 3 Analyzing the Learnings from the Previous Sociodrama Session
- 4 Working on Students' topics related to their creative project
- 5 Working on Students' topics related to their creative project
- 6 Working on Students' topics related to their creative project
- 7 Expanding an Issue – Understanding the Techniques of the Social Atom
- 8 Practicing the Social Atom Technique
- 9 Cognitive and Emotional Aspects of a Viewpoint – Understanding the Technique of Doubling
- 10 Practicing the Doubling Technique
- 11 Applying Action Methods in Academic Learning
- 12 Reflection on Action Methods: Why and When to Use Them

Additional lecturers

Approval and validity of subject requirements