



# **SUBJECT DATASHEET**

**ESG workshop – Workplace wellbeing**

**BMEGT42RRR5018-00**

# I. SUBJECT DESCRIPTION

## 1. SUBJECT DATA

**Subject name**

ESG workshop – Workplace wellbeing

**ID (subject code)**

BMEGT42RRR5018-00

**Type of subject**

contact unit

**Course types and lessons**

<i>Type</i>	<i>Lessons</i>
Lecture	0
Practice	9
Laboratory	0

**Type of assessment**

obtaining  
signature

**Number of credits**

3

**Subject Coordinator**

<i>Name</i>	<i>Position</i>	<i>Contact details</i>
Dr. Buzási Attila	associate professor	buzasi.attila@gtk.bme.hu

**Educational organisational unit for the subject**

Department of Environmental Economics and Sustainability

**Subject website**

<https://edu.gtk.bme.hu>

**Language of the subject**

magyar - HU

**Curricular role of the subject, recommended number of terms**

Programme: „ESG consultant  
Subject Role: **Compulsory elective**  
Recommended semester: **2**

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**Direct prerequisites**

<i>Strong</i>	None
<i>Weak</i>	None
<i>Parallel</i>	None
<i>Exclusion</i>	None

**Validity of the Subject Description**

Approved by the Faculty Board of Faculty of Economic and Social Sciences, Decree No: 580387/26/2025 registration number. Valid from: 2025.05.28.

## 2. OBJECTIVES AND LEARNING OUTCOMES

### Objectives

The aim of the course is to introduce various aspects of workplace wellbeing through a thematic workshop.

### Academic results

#### Knowledge

1. Knows the basic concepts of well-being at work, the relationship between well-being at work and ESG
2. Knows the basics of well-being measurement, related reporting requirements
3. Knows the workplace well-being programmes, best practices
4. Knows the relationship between well-being and performance

#### Skills

1. Able to diagnose the well-being of employees
2. Able to set up a basic level programme plan for an organisation.

#### Attitude

1. Understands the employee perspective, not just thinking in managerial logic
2. Understands that well-being is not an action but should be part of the organisational culture
3. Applies a systems approach, one understands that well-being at work is not a one-off project but a corporate aspect that requires continuous attention

#### Independence and responsibility

1. Able to independently set up a basic level programme plan for an organisation.
2. Able to independently interpret the importance of workplace well-being within the organisation
3. Has responsibility for the implementation of all related management tasks.

### Teaching methodology

Practice – full-day workshop

### Materials supporting learning

- Elméleti bevezető diások (esettanulmányok, ajánlott irodalom)
- Ppt slideshow about principles (case studies, optional readings)

## II. SUBJECT REQUIREMENTS

### TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

#### General Rules

The learning objectives detailed in 2.2 will be assessed by means of active participation in the workshop.

#### Performance assessment methods

Checking active participation in the workshop by means of an attendance sheet.

#### Percentage of performance assessments, conducted during the study period, within the rating

#### Percentage of exam elements within the rating

#### Conditions for obtaining a signature, validity of the signature

Active participation in the workshop. Signing the attendance sheet.

#### Issuing grades

Excellent	0
Very good	0
Good	0
Satisfactory	0
Pass	0
Fail	0

#### Retake and late completion

As the condition for obtaining a signature is active participation in the workshop, repeat, retake, and late completion are not possible.

#### Coursework required for the completion of the subject

Workshop részvétel	9
Processing background materials	20
Learning individually	20
Záróvizsgára való felkészülés	41

#### Approval and validity of subject requirements

Consulted with the Faculty Student Representative Committee, approved by the Vice Dean for Education, valid from: 05.05.2024.

# III. COURSE CURRICULUM

## THEMATIC UNITS AND FURTHER DETAILS

### Topics covered during the term

Subject includes the topics detailed in the course syllabus to ensure learning outcomes listed under 2.2. can be achieved.

- 1 Workplace wellbeing – practical workshop

### Additional lecturers

Dr. Kun Ágota egyetemi docens / associate professor kun.agota@gtk.bme.hu

Balogh Péter Zoltán mesteroktató / senior lecture balogh.peter.zoltan@gtk.bme.hu

### Approval and validity of subject requirements