



## **SUBJECT DATASHEET**

# **LEADERSHIP AND ORGANIZATIONAL PSYCHOLOGY IN PRACTICE**

**BMEGT52MN43**

# I. SUBJECT DESCRIPTION

## 1. SUBJECT DATA

### Subject name

LEADERSHIP AND ORGANIZATIONAL PSYCHOLOGY IN PRACTICE

### ID (subject code)

BMEGT52MN43

### Type of subject

Contact lessons

### Course types and lessons

<i>Type</i>	<i>Lessons</i>
Lecture	2
Practice	0
Laboratory	0

### Type of

### assessment

Mid-term  
performance  
assessment

### Number of

### credits

3

### Subject Coordinator

<i>Name</i>	<i>Position</i>	<i>Contact details</i>
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Dr Szijjártó Linda Assistant Professor szijjarto.linda@gtk.bme.hu

### Educational organisational unit for the subject

Department of Ergonomics and Psychology

### Subject website

<http://www.erg.bme.hu/oktatas-tantargyak/tantargyak>

### Language of the subject

Magyar-HU

### Curricular role of the subject, recommended number of terms

Programme: **MSc in Engineering Management**

Subject Role: **Compulsory elective**

Recommended semester: **2**

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### Direct prerequisites

**Strong** None

**Weak** None

**Parallel** None

**Exclusion** None

### Validity of the Subject Description

Approved by the Faculty Board of Faculty of Economic and Social Sciences, Decree No: 580672/5/2023 registration number. Valid from: 25.10.2023.

## 2. OBJECTIVES AND LEARNING OUTCOMES

### Objectives

The main aim of the course is to give students an insight into the developmental process of becoming a leader, to get to know the specific challenges and tasks related to leadership, with the help of a practical perspective that explores not only the theories but also the practical side of leadership.

### Academic results

Knowledge

1. Knows the current leadership psychology trends.

Skills

1. Ability to schedule time efficiently
2. Ability to meet deadlines.
3. Able to identify the reasons of success and failure in a performance situation.
4. Able to understand the relationship between the professional literature, theories and their practical applicability

Attitude

1. Collaborative with the lecturer and students to expand knowledge
2. Open to new perspectives
3. Demonstrates an empathetic attitude when working with others
4. Strives for self-reflexion
5. Needs feedback on work

Independence and responsibility

1. Carries out the evaluation and analysis of tasks and research work related to a given topic independently
2. Openly accepts objective critical remarks
3. Takes responsibility for the own work

### Teaching methodology

Filling in psychological questionnaires, processing and discussing tasks related to psychological topics in group work, formulating critical thoughts, conducting research on a given topic and independently presenting the related opinion in the form of a video

### Materials supporting learning

- 1. Sinek, S (2017). A jó vezetők esznek utolsónak. HVG Kiadó
- 2. Belbin, M. (2015). A team, avagy az együttműködő csoport. Edge 2000 Kft.
- 3. Chapman, G. & White, P. (2019). A munkahelyi elismerés 5 nyelve. Harmat Kiadó
- 4. Maxwell, J. C. (2022). A vezetés 5 szintje. Immanuel alapítvány
- 5. Lencioni, P. (2002). The Five Dysfunctions of a Team. Wiley
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# II. SUBJECT REQUIREMENTS

## TESTING AND ASSESSMENT OF LEARNING PERFORMANCE

### General Rules

Evaluation of the learning outcomes stated in point 2.2. •preparation of a written homework on determinálja topics, using specified methods • presentation of the homework (in ppt or prezi format) •students submit the finished task in the form of a homework paper

### Performance assessment methods

Detailed description of performance evaluations during the semester: A. Partial performance evaluation (homework): online task, during which the student independently carries out the research work related to the subject on the specified topic and then prepares a related written report summarizing the completed professional task B. Partial performance evaluation (presentation): the student summarizes and presents the homework in the form of a presentation C. Theoretical summary thesis: the elaboration of the leadership development plan prepared by the student, chosen freely from among predefined topics, which takes the form of individually prepared homework. The

content, requirements, submission deadline, and evaluation method of the homework are determined by the subject supervisor

### Percentage of performance assessments, conducted during the study period, within the rating

- online feladat : 50
- házi dolgozat : 25
- prezentáció : 25

### Percentage of exam elements within the rating

### Conditions for obtaining a signature, validity of the signature

#### Issuing grades

Excellent	91
Very good	85-90
Good	75-84
Satisfactory	65-74
Pass	50-64
Fail	0-49

#### Retake and late completion

A házi feladat – szabályzatban meghatározott díj megfizetése mellett – késedelmesen a pótlási időszak utolsó napján 16:00 óráig adható be vagy elektronikus formában 23:59-ig küldhető meg.

#### Coursework required for the completion of the subject

Részvétel kontakt tanórán	28
Felkészülés prezentációra	26
Házi feladat elkészítése	36
Prezentáció	10
Összesítés	100

#### Approval and validity of subject requirements

Consulted with the Faculty Student Representative Committee, approved by the Vice Dean for Education, valid from: 09.10.2023.

# III. COURSE CURRICULUM

## THEMATIC UNITS AND FURTHER DETAILS

### Topics covered during the term

1. Introduction to leadership psychology The leadership role and main functions The challenges of leadership Leadership styles The managerial competencies of the future 2. People management in practice Competencies in team management Traits of cohesive teams Tools for effective team building 3. Leadership effectiveness and the mindset of the leader Fixed and growth mindset Tools for applying the growth mindset in practice The role of attitude in performance evaluation 4. The relationship between leadership and workplace stress Workplace stress and its consequences Stressors and the leadership role Tools to support stress management at the workplace from both the individual's and the organization's side 5 The role of emotions in leadership The role of emotional intelligence and empathy in leadership The effect of emotions at work on employee performance

### Additional lecturers

### Approval and validity of subject requirements